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## **Claims**

This listing of claims replaces all prior versions and listings of claims in the present application.

- 1. 16. (Cancelled)
- 17. (New) A content on demand server system adapted to:

deliver a first audio and/or video stream and to insert markers in the at first stream, the markers comprising position data in the first stream;

to receive from a set top box a marker obtained from the first stream and comprising position data for the first stream for which the set top box has paused or suspended viewing, and upon a signal from the set top box to resume streaming of the first stream from a position proximate to the position data indicated by the marker;

to insert a particular number of markers into each time interval of the first stream; and to communicate the number of markers per interval in the first stream to the set top box in a second stream.

- 18. (New) The content server of claim 17 further adapted to:
  communicate the number of markers per interval in the first stream to the set top box in a
  quadrature amplitude modulated stream on a predetermined channel.
- 19. (New) A set top box system adapted to:

receive a first audio and/or video stream, the first stream comprising markers indicating positions in the first stream;

to communicate to a server system providing the first stream a marker obtained from the first stream and comprising position data at which the set top box has paused or suspended viewing of the first stream; and

to extract from a second stream a number of markers per interval in the first stream.

20. (New) The set top box of claim 19, further adapted to:

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monitor the first stream for the number of markers per interval; and if the number of markers per interval is not detected, to signal the server system to terminate the first stream.

## 21. (New) A method comprising:

inserting a particular number of markers into each time interval of a first stream; communicating the number of markers per interval in the first stream to a set top box in a second stream.

delivering the first stream and inserting markers in the first stream, the markers comprising position data in the first stream;

receiving from the set top box a marker obtained from the first stream and comprising position data for the first stream for which the set top box has paused or suspended viewing; upon a signal from the set top box resuming streaming of the first stream from a position proximate to the position data indicated by the marker.